

Prefrontal mechanisms for executive control over emotional distraction are altered in major depression

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Abstract

A dysfunction in the interaction between executive function and mood regulation has been proposed as the pathophysiology of depression. However, few studies have investigated the alteration in brain systems related to executive control over emotional distraction in depression. To address this issue, 19 patients with major depressive disorder (MDD) and 20 healthy controls were scanned using functional magnetic resonance imaging. Participants performed an *emotional oddball task* in which infrequently presented circle targets required detection while sad and neutral pictures were irrelevant novel distractors. Hemodynamic responses were compared for targets, sad distractors, and for targets that followed sad or neutral distractors (Target-after-Sad and Target-after-Neutral). Patients with MDD revealed attenuated activation overall to targets in executive brain regions. Behaviorally, MDD patients were slower in response to Target-after-Sad than Target-after-Neutral stimuli. Patients also revealed a reversed activation pattern from controls in response to this contrast in the left anterior cingulate, insula, right inferior frontal gyrus (IFG), and bilateral middle frontal gyrus. Those patients who engaged the right IFG more during Target-after-Neutral stimuli responded faster to targets, confirming a role of this region in coping with emotional distraction. The results provide direct evidence of an alteration in the neural systems that interplay cognition with mood in MDD.

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1. Introduction

Emotional distraction often interferes with cognitive processing (Johnson et al., 2005; Dolcos and McCarthy,

2006). One of the cardinal features of major depressive disorder (MDD) is an inability to disengage from negative thoughts, memories and events in order to sustain attention towards on-going cognitive tasks (Lyubomirsky et al., 1998; Wenzlaff and Bates, 1998; Ellenbogen et al., 2002; Siegle et al., 2002). In turn, susceptibility to emotional distraction adversely affects the capabilities of patient to cope with the demands of daily living (Ottowitz et al., 2002; Rogers et al., 2004). Despite the established

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clinical importance of executive dysregulation of emotional processing in MDD, alterations in neural functioning associated specifically with this aspect of the disorder are not yet clear.

An influential neurobiological model proposed for mood regulation posits a failure of coordination in dorsal and ventral brain systems subserving executive control and emotional processing, respectively (Mayberg, 1997). Mayberg and colleagues propose that the rostral anterior cingulate (ACC) and related areas in the inferior and medial prefrontal cortex (PFC) may serve critical roles in balancing the relative influence of these brain systems to guide goal-directed behavior and maintain healthy mood. In healthy populations, emotional Stroop and emotional Go/NoGo tasks have been employed to investigate inhibitory cognitive control over emotional distraction by presenting task-irrelevant emotional information simultaneously with task-relevant stimulus features. The ACC, particularly its rostral and ventral aspects, is consistently activated by emotional interference in these tasks (Whalen et al., 1998; Elliott et al., 2000; Bishop et al., 2004; Etkin et al., 2006; Shafritz et al., 2006). This region has been associated with mediating conflict between competing responses (Carter et al., 1998; Botvinick et al., 2001), monitoring for the occurrence of response conflict in information processing (Carter et al., 1998, 2000; Botvinick et al., 1999; Barch et al., 2000; Botvinick et al., 2001), and error monitoring and detection (Rubia et al., 2003). In addition, a number of studies using the Stroop, Go/No Go and other attention-demanding tasks suggest a role of the right inferior frontal gyrus (IFG) in inhibitory processes relevant for successful cognitive performance and executive function (Jonides et al., 1998; Konishi et al., 1998; D'Esposito et al., 1999; Smith and Jonides, 1999; Liddle et al., 2001; Rubia et al., 2003; Aron et al., 2004).

Of particular relevance to the present study, Dolcos and McCarthy (Johnson et al., 2005; Dolcos and McCarthy, 2006) revealed a role of the IFG in inhibiting emotional distraction in healthy adults. While subjects performed a working memory task, activation in the IFG was enhanced when the subject was distracted by negative emotional pictures relative to distracting neutral or scrambled pictures. Subjects with great activity to emotional distractors in the IFG tended to rate emotional distractors as less distracting, suggesting that activity in the IFG indexed successful inhibition of emotional distraction. It is unknown, however, whether recruitment of this region during emotional distraction is altered in clinical populations, such as MDD, and whether dysregulation of IFG activity has behavioral consequences on task performance.

Functional neuroimaging of MDD patients during emotional tasks has implicated dysfunction in frontolimbic regions, providing initial support for Mayberg's neuroanatomical model of mood regulation. For instance, a sustained emotional response in the amygdala during a personal relevance rating task and decreased dorsolateral PFC activity on a digit-sorting task has been reported in MDD relative to controls (Siegle et al., 2002, 2006). Siegle and colleagues also reported a decreased correlation of amygdala and dorsolateral PFC activity in the MDD group (Siegle et al., 2006); however, this study did not address how emotional responses affected subsequent brain activity associated with executive control. George et al. (1997) reported decreased activity in the ACC in MDD patients who performed an emotional Stroop task while undergoing positron emission tomography (PET) scanning. Elliott et al. (2002) reported attenuated neural responses to emotional relative to neutral targets in the ventral ACC and the posterior orbitofrontal cortex during an emotional Go/No Go task in MDD. However, because the latter attentional studies used blocked designs, it is not possible to disambiguate responses to different stimulus events and time epochs during the task.

In the present event-related functional magnetic resonance imaging (fMRI) study, we extended these initial neuroimaging findings in MDD to investigate alterations in executive and emotional processing systems during an attentionally demanding visual oddball task with intermittent emotional distraction by presentation of sad pictures (Wang et al., 2005, 2006). This task more closely models the disruption of on-going task-relevant cognitive processes by sporadic mood-congruent thoughts in MDD than Stroop or Go/No Go tasks in which the emotional stimuli are themselves task-irrelevant. Furthermore, because the emotional distractors are temporally separated from presentation of the attentional targets, we can evaluate whether emotional dysregulation in MDD leads to performance decrements and differential brain activation to task-relevant attentional targets that follow emotional distractors close in time.

Our previous studies using this paradigm in healthy adults have consistently shown that the attentional targets activate dorsal frontoparietal structures and the sad distractors activate ventral frontolimbic structures, including the amygdala (Wang et al., 2005, 2006). In the present study, we first compared brain activation patterns in MDD and controls to attentional targets and sad distractors separately in order to address the main effect of depression on executive and emotional processing, respectively. Next, to probe the lingering impact of the sad distractors on executive function, we isolated activity to attentional

target events that were preceded by the sad distractors (relative to those preceded by neutral distractors). We hypothesized that brain regions such as the ACC and the right IFG might be activated by this contrast and play critical roles in executive control requiring reallocation of attentional resources to task-relevant processing from task-irrelevant emotional distraction. We predicted that relative to the control group, the MDD group would have decreased activation to targets following sad distractors in these regions.

2. Materials and methods

2.1. Subjects

Nineteen right-handed subjects (12 females and 7 males, mean age=39.3 years, S.D.=9.0) who met full diagnostic criteria for MDD and 20 age-, sex- and education-matched healthy control subjects (13 females and 7 males, mean age=36.5 years, S.D.=10.5) participated in the study. Participants were recruited to the study via local newspaper and Duke University Medical Center web site advertisements, as well as via flyers posted in campus and medical center locations. The inclusion criteria for MDD were (a) current major depressive disorder, as assessed by the depression module of the Diagnostic Interview Schedule (DIS) (Robins et al., 1981), and (b) a score of 14 or higher on the 17-item version of the Hamilton Rating Scale for Depression (HAM-D, Hamilton, 1960; Miller et al., 1985) both on the screening day and on the day of fMRI scan. Eight out of the 19 subjects with MDD were not currently taking antidepressant medication; the remaining 11 patients were on antidepressants including venlafaxine ($n=3$), sertraline ($n=2$), bupropion ($n=2$), escitalopram ($n=2$), citalopram ($n=1$), and mirtazapine ($n=1$). Control subjects did not have MDD and were not taking any antidepressant medication. Subjects were excluded if they had (a) past or current manic episodes or psychosis, as assessed by the Structured Clinical Interview for DSM IV Disorders—SCID (First et al., 1995), or (b) past or current neurological disorders. Detailed demographic and clinical assessments for the two groups are listed in Table 1. The study was approved for ethical treatment of human subjects by the Institutional Review Board at Duke University, and all subjects provided written informed consent after the procedures had been fully explained.

2.2. Stimulus development for the oddball task

The stimuli and design of the emotional oddball task were identical to that described previously (Wang et al.,

2005). Briefly, all of the sad pictures contained scenes of humans crying or portraying sad facial expression and depicted scenes of despair, grief, internment, incarceration, and poverty. Each sad picture was yoked to a neutral picture that was matched for the presence and number of human figures in the image, postural features, gaze direction, and gender. The attentional targets were circles of varying sizes and luminance, and the standard stimuli were phase-scrambled and luminance-matched versions of the distractors. All images were converted to grayscale.

2.3. Experimental design

All of the distractors were trial-unique. The presentation frequency for targets, sad distractors and neutral distractors was 3.33% each, with standards comprising the remaining 90% of stimuli presented. The imaging session consisted of 10 runs, each containing 150 stimuli (stimulus duration=1500 ms, inter-stimulus interval=2000 ms). The interval between successive rare stimuli (targets and/or distractors) was randomized between 18 and 20 s to allow hemodynamic responses to return to baseline.

Participants pressed a response button using their right index finger upon detection of a target oddball stimulus (circle). To verify the emotional content of the distractors, participants were asked to rate the distractors on Likert-type scales of sadness/happiness immediately after scanning (Wang et al., 2005). The analyses for the sad vs. neutral contrast were performed based on each subject's subjective rating of the pictures. In other words, a trial was considered to contain a "sad" distractor if that individual subject rated the image as "sad" or "very sad."

Table 1
Clinical profile of subjects

	MDD (S.D.)	Control (S.D.)	<i>P</i> value
<i>N</i>	19	20	
Number of males/females	7/12	7/13	
Age	39.3 (9.0)	36.5 (10.5)	0.37
Education*	3.5 (1.1)	3.8 (0.9)	0.47
Self-reported age of first episode	17.7 (8.5)	n/a	
Number of subjects with early onset (≤ 18 yrs)	12/7	n/a	
HAM-D score	19.9 (5.3)	0.55 (0.8)	<0.0001
Mini-Mental Status Examination score	29.1 (1.1)	29.5 (.95)	0.19
Reaction time to attentional targets (ms)	663.4 (78.8)	590.0 (94.9)	0.012

*Education was calculated by categorizing highest grade completed, such that less than high school=1, high school/GED=2, partial college=3, college degree=4, advanced degree=5. *P* value reflects χ^2 test result.

2.4. Image acquisition and analysis

Functional images were acquired on a 4.0 Tesla GE scanner and were analyzed as described previously (Wang et al., 2005). Oblique spoiled gradient-recalled acquisition images (three-dimensional, whole-brain) were acquired parallel to the anterior commissure–posterior commissure plane for high-resolution T1-weighted structural images with the following parameters: repetition time (TR)=12.2 ms, echo time (TE)=5.3 ms, field of view (FOV)=24 cm, flip angle=20°, matrix=256×256, 68 contiguous images, and slice thickness=1.9 mm. Inward spiral gradient images were acquired with the following parameters: TR=2000 ms, TE=31 ms, FOV=24 cm, flip angle=90°, matrix=64×64, 34 contiguous images, and slice thickness=3.75 mm, resulting in 3.75 mm³ isotropic voxels.

Image pre-processing was conducted using temporal realignment for interleaved slice acquisition and spatial realignment to adjust for motion using affine transformation routines implemented in SPM99 (Wellcome Department of Cognitive Neurology, London, UK). The realigned images were co-registered to the anatomic images obtained for each participant and normalized to SPM's template image, which conforms to the Montreal Neurological Institute's standardized brain space. The voxel size was 3.5×3.5×3.5 mm³ after normalization. The functional data were spatially smoothed with an 8-mm isotropic Gaussian kernel prior to statistical analysis.

The voxel-wise and region-of-interest (ROI) analyses used custom MATLAB scripts (Pelphrey et al., 2003; Dolcos and McCarthy, 2006; Wang et al., 2006). Two types of event epochs were extracted for a voxel-based event-related analysis and a functional ROI analysis. In order to investigate the brain response to attentional targets and sad distractors, the hemodynamic response was time-locked to the onset of each type of infrequent stimulus event (sad, neutral, and target). To elucidate the influence of distraction by recently presented sad stimuli

on executive function and the responses of the executive control system to emotional distraction, we further sub-categorized the attentional targets into two event types: Target-after-Sad, which included all targets following sad distractors, and Target-after-Neutral, which included all targets following neutral distractors (Fig. 1). The whole epoch of each event (including sad, neutral, and target events and, by default, the Target-after-Sad and Target-after-Neutral events) was extracted from −4 s before the onset of each stimulus to 20 s after the presence of the stimulus. Voxel-based signal percentage change at each event time point (from −4 s to +20 s) was calculated for each subject by subtracting the mean pre-stimulus baseline activity (activity to scrambled pictures presented from −4 s to 0 s prior to each event) and then averaging across all trials with the same event type. Since the scrambled pictures served as the baseline, each event was contrasted with this baseline, unless otherwise specified in the text. We validated the hemodynamic time course at each voxel by testing the correlation of the hemodynamic response across time with the canonical gamma hemodynamic response for each event in each subject. Only those voxels whose hemodynamic responses were significantly correlated with the canonical hemodynamic response (false discovery rate-corrected $P<0.05$ with a spatial extent of five contiguous voxels) were entered into further within- and between-group analysis.

Statistical contrasts at each time point were set up using a random-effect analysis to calculate signal differences between the conditions of interest across each group of participants. Statistical t maps at each time point were derived for the events of interest, resulting in a t statistic for every voxel. This sequential approach accounts for intersubject variability and permits generalization to the population at large. Only the results at peak time point 6 s post-stimulus are reported here. The resultant t maps were thresholded at a voxel-wise false discovery rate-corrected $P<0.05$ with a spatial extent of five contiguous voxels.



Fig. 1. The emotional oddball task consisted of standards (90% of trials), neutral distractors (3.3%), sad distractors (3.3%), and targets (3.3%). The targets were subgrouped as targets following sad distractors (Target-after-Sad) and targets following neutral distractors (Target-after-Neutral). The task-irrelevant distractors and task-relevant targets were separated in time by 18~20 s to isolate their hemodynamic responses. A vertical line illustrates the onset of each event (0 s point of each epoch). Participants were required to detect circles (targets) and respond with a speeded button-press response.

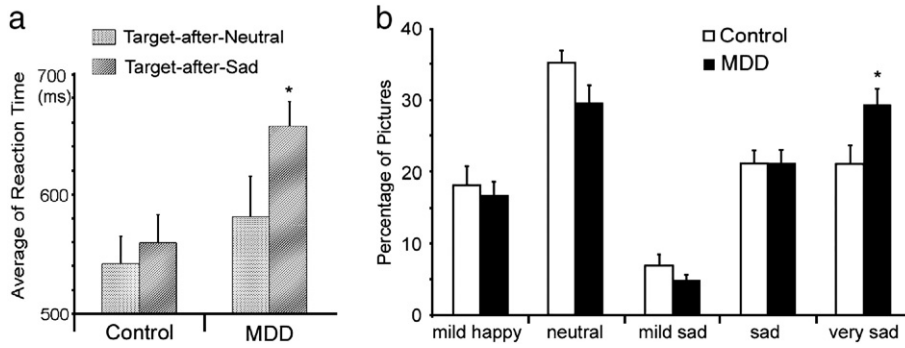


Fig. 2. a) The influence of emotional distraction on reaction time (RT) to the presentation of subsequent targets. The MDD group revealed significantly slower RT when a target was preceded by a sad distractor (Target-after-Sad) than when a target was preceded by a neutral distractor (Target-after-Neutral), * $P < 0.05$. b) Comparison of the percentage of pictures out of the set of 100 that were rated as ‘mildly happy’, ‘neutral’, ‘mildly sad’, ‘sad’ and ‘very sad’ by controls and MDD subjects. Results indicate a bimodal distribution. The MDD group rated significantly more pictures as ‘very sad’ (* $P < 0.05$), indicating a negative emotional processing bias.

Two-sample t -tests were conducted to compare voxel-wise signal changes at the peak time point (6 s post-stimulus) between MDD and controls at each stimulus condition (sad, neutral, and target), thresholded at $P < 0.001$ uncorrected with a spatial extent of five contiguous voxels.

Voxel-based ANOVA analysis at the peak time point (6 s post-stimulus) was computed using stimulus type (Target-after-Sad, Target-after-Neutral) as a within-subjects factor and clinical diagnosis (MDD, control) as the between-subjects factor. ANOVAs were thresholded at $P < 0.001$

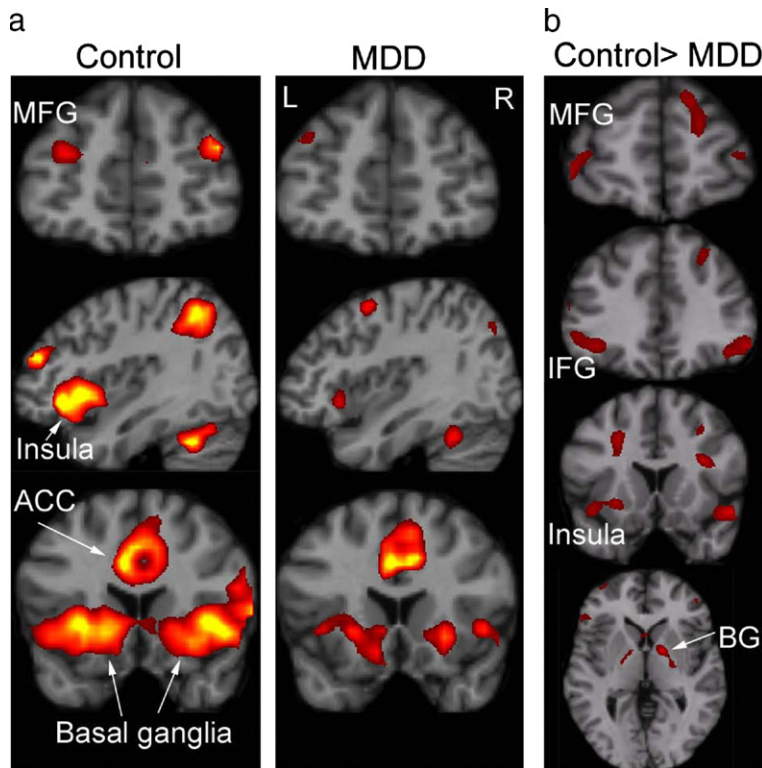


Fig. 3. a) Voxel-based random effect analysis for the MDD and control groups on the activation to attentional targets at the peak time point. Both of the groups activated a dorsal executive system, although the MDD group had a lesser extent of activation (false discovery rate-corrected $P < 0.05$, spatial extent of five contiguous voxels). b) Significantly decreased activation in the MDD group compared with the control group from a two-sample t test on activation to attentional targets at the peak time point ($P < 0.001$, uncorrected, spatial extent of five contiguous voxels). ACC = anterior cingulate cortex; BG = basal ganglia; IFG = inferior frontal gyrus; MFG = middle frontal gyrus; L = left hemisphere; R = right hemisphere.

uncorrected with a spatial extent of five contiguous voxels for statistical significance.

To visualize the hemodynamic response profile for each functional region, an ROI analysis was performed. Those independent clusters that showed a significant difference in the ANOVA were identified as ROIs. The mean signal change within each ROI was computed for each time point for each event. To confirm the voxel-based findings, an ANOVA was conducted on the ROIs, focused on the mean percent signal change by hemisphere at the peak time point (6 s post-stimulus). An alpha level of $P < 0.05$ (two-tailed) was used for the ROI analyses. The Bonferroni test was used for the post hoc analyses. Linear regression analysis was used to correlate peak signal changes in each ROI with reaction times (RTs) to attentional targets or with HAM-D score with a statistical threshold of $r > 0.5$ and $P < 0.05$ (two-tailed).

3. Results

3.1. Behavioral data: RT and emotional ratings

MDD patients had slower RTs to attentional targets during the scan, $t(37) = 2.69$, $P < 0.05$, regardless of the valence of the previous distractor. The mean (S.D.) RT

Table 2

Brain regions showing significant group differences (threshold $P < 0.001$, five contiguous voxels) in activation to attentional targets (MDD < control)

Region	BA area	Hemisphere	MNI coordinates			T value	Cluster size
			x	y	z		
Middle frontal gyrus	BA10	L	-42	53	0	3.33	28
		R	46	42	4	3.23	26
Inferior frontal gyrus	BA47	L	-49	25	-11	4.21	42
	BA45	R	32	14	25	4.03	25
Precentral gyrus		L	-28	4	39	4.63	132
Insula		L	-42	11	-11	3.31	36
Superior temporal gyrus	BA38	R	49	11	-11	3.80	29
Precuneus	BA7	L	-7	-67	60	4.09	18
Basal ganglia		L	-28	4	-4	3.43	53
		R	25	-11	18	3.89	69
Middle occipital gyrus	BA19	L	-32	-77	21	3.89	26
Cerebellum		L	-25	-81	-35	3.92	91

Note: BA=Brodman area, MNI=Montreal Neurological Institute coordinate system.

Table 3

Brain regions showing significant group differences (threshold $P < 0.001$, five contiguous voxels) in deactivation to sad relative to neutral distractors (MDD > control)

Region	BA area	Hemisphere	MNI coordinates			T value	Cluster size
			x	y	z		
Middle frontal gyrus	BA9	L	-28	28	35	3.41	9
Supramarginal gyrus	BA40	R	56	-32	25	3.44	26
Precuneus	BA7	L	-7	-63	46	4.50	55
Postcentral gyrus	BA43	L	-49	-18	21	4.00	68
Superior temporal gyrus	BA41	L	-35	-32	11	4.06	24

Note: BA=Brodman area, MNI=Montreal Neurological Institute coordinate system.

was 663.4 (78.8) ms for the MDD group and 590.0 (94.9) ms for the control group. A repeated measures ANOVA on target subtype (Targets-after-Sad, Target-after-Neutral) using group (MDD, control) as the between-subjects factor revealed a significant main effect of group, $F(1,38) = 5.01$, $P < 0.031$, with MDD patients showing slower responses. The main effect of target subtype was also significant, $F(1,37) = 5.67$, $P = 0.023$, with sad distractors showing slower responses. Although there was no significant interaction effect, the RT slowing was exaggerated in MDD patients when the targets were preceded by sad distractors (Fig. 2a). The MDD group was significantly slower in response to the Target-after-Sad event than the control group, $t(37) = 3.05$, $P = 0.004$, and within the MDD group, RTs to Target-after-Sad events were significantly slower than RT to Target after-Neutral events, $t(37) = 2.31$, $P = 0.027$.

Subjective ratings for the picture distractors were analyzed using Student's *t* tests. The MDD group rated more pictures as 'very sad' than controls, $t(37) = 2.51$, $P = 0.018$, suggesting a negative emotional processing bias (Fig. 2b).

3.2. fMRI results

Random-effect/within-group analysis revealed that the control group showed activation in response to attentional targets in the dorsal executive system, including bilateral middle frontal gyrus (MFG), IFG (BA45 and 47), dorsal ACC, posterior cingulate, supramarginal gyrus, superior parietal lobule, precuneus, thalamus and striatum (Fig. 3a). The control group showed activation in response to the sad

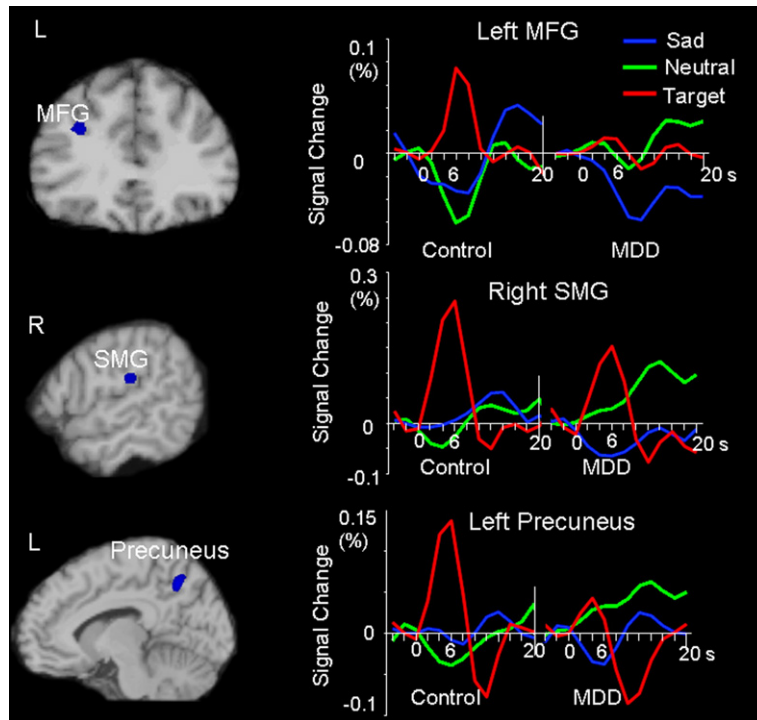


Fig. 4. Significantly increased deactivation in response to sad vs. neutral contrast in the MDD group relative to the control group. Brain maps, voxel-based two-sample t test analysis at the peak time point ($P < 0.001$, uncorrected, spatial extent of five contiguous voxels); Waveforms, ROI analysis showing the hemodynamic response with time course. The MDD group revealed increased deactivation in response to sad relative to neutral distractors and decreased activation in response to targets compared with the control group. MFG = middle frontal gyrus, SMG = supramarginal gyrus.

distractors (relative to neutral distractors) in ventral posterior and frontolimbic regions, including bilateral extrastriate cortex, fusiform gyrus, amygdala, anterior insula, IFG (BA47), and middle and superior temporal sulci. These results are consistent with our previous findings in healthy adults using the same paradigm (Wang et al., 2005). The depressed group activated similar regions as the controls (Fig. 3a). For clarity, we only report below the results that show significant differences between the two groups rather than separate main effects within the two groups.

3.2.1. Alterations in executive and emotional processing systems in MDD

A direct statistical comparison between the MDD and control groups revealed activity reductions in the MDD group to attentional targets in the executive system (Fig. 3b, Table 2) including superior frontal gyrus, middle frontal gyrus, supramarginal gyrus, insula, basal ganglia, and bilateral IFG (left BA47 and right BA45). Activation patterns to the sad distractors relative to neutral ones were comparable between the groups. However, MDD patients

Table 4
Brain regions that show an interaction effect of group \times target subtype

Contrast	Region	BA area	Hemisphere	Cluster size	Peak voxel			ROI F value	ROI P value
					MNI coordinates				
					x	y	z		
Control > MDD	MFG	BA10	L	6	-39	42	14	6.348	0.016
Target-after-Neutral > Target-after-Sad		BA10	R	40	35	42	28	9.580	0.004
		BA9	R	7	39	18	35		
Control > MDD	IFG	BA44	R	13	49	14	18	6.966	0.012
Target-after-Sad > Target-after-Neutral		Insula	L	25	-28	18	14	28.801	0.000
		ACC	L	46	-11	35	11		

Note: the coordinates represents the location of the voxel which showed peak activation in the region using voxel-based ANOVA analysis (threshold $P < 0.001$, five contiguous voxels); the F and P value were from ROI-based ANOVA analysis.

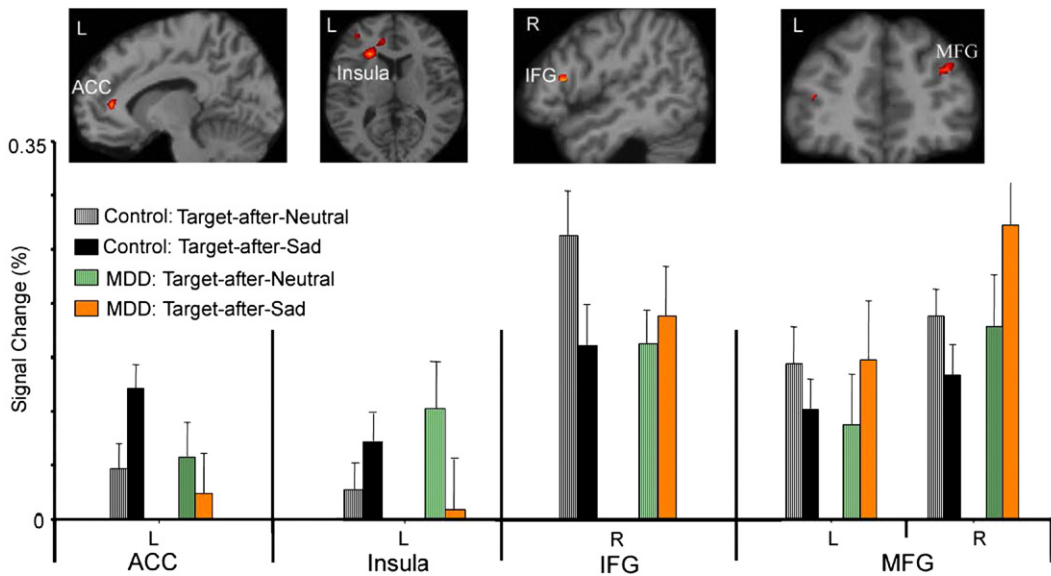


Fig. 5. Brain regions which revealed significant interaction effect of group (control, MDD) × target subtype (Target-after-Sad, Target-after-Neutral) in the voxel-based analysis (top), and the mean signal percentage change in these regions in the ROI analysis (bottom) at the peak time point.

showed greater *deactivation* than controls to sad stimuli relative to baseline in dorsal frontoparietal regions, including the middle frontal gyrus, supramarginal gyrus, precuneus, postcentral gyrus and temporal parietal conjunction area (Table 3, Fig. 4). Note that most of these regions showed *activation* in response to attentional targets (Figs. 3 and 4). The task-induced deactivation usually occurs during an active task relative to a “resting” or “passive” baseline in a default-mode network. It is postulated to result from a reallocation of processing resources (McKiernan et al., 2003). The magnitude of deactivation increases with task difficulty (McKiernan et al., 2003). The enhanced deactivation for emotional distractors in the regions associated with cognitive function may reflect reallocation of attentional resources to sad distractors

(Posner and Dehaene, 1994; Drevets and Raichle, 1998). Thus the increased deactivation might suggest a strong emotional distraction effect in MDD.

Unlike other studies that reported significantly stronger activation to negative emotional stimuli in the emotional system in MDD (Sheline et al., 2001; Siegle et al., 2002, 2006; Fu et al., 2004; Canli et al., 2005), the MDD group only showed increased activation relative to the control group using a less stringent statistical threshold ($P < 0.05$ uncorrected, spatial extent of five voxels) in the emotional system including the left IFG (BA47), hypothalamus, and inferior temporal gyrus, as well as the right uncus, ventral basal ganglia, and ventral extrastriate cortex. We further investigated whether antidepressant medication weakened the activation to emotional stimuli in the

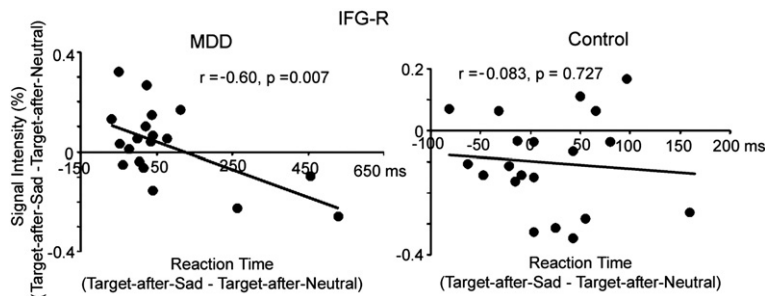


Fig. 6. Emotional distraction activity in the right inferior frontal gyrus (IFG-R) correlates with reaction time (RT) to detect subsequent targets in MDD. The percent signal change difference in the IFG-R (Target-after-Sad minus Target-after-Neutral) was correlated with the RT difference to the same stimuli in the MDD patients but not in controls.

MDD group. Relative to the medicated group ($n=11$), the medication-free group ($n=8$) revealed stronger activation in the left amygdala in response to sad distractors when compared with neutral distractors ($P<0.001$ uncorrected, spatial extent of five voxels).

3.2.2. Influence of emotional distraction on the processing of subsequent attentional targets

To investigate the influence of emotional distraction on the processing of subsequent attentional targets and the responses of the executive control system to emotional distraction, we first conducted an ANOVA to compare activation to the Target-after-Sad and Target-after-Neutral events in MDD patients relative to controls. The group \times stimulus type interaction (Table 4 and Fig. 5) revealed significant effects in the left rostral ACC (BA32) and anterior insula (BA31), right IFG (BA44), and bilateral middle frontal gyrus (BA10). Follow-up ANOVA and Bonferroni post hoc tests were conducted on functional ROIs extracted from these regions and were correlated with the behavioral RT effects. Findings from each of these regions are discussed, in turn, below.

The ACC region showed stronger activation to the Target-after-Sad events relative to the Target-after-Neutral events in controls, but not in MDD patients. Post hoc tests confirmed a significant decline in engagement of this region during the Target-after-Sad events in MDD patients relative to controls, $t_{(37)}=2.29$, $P=0.028$. Stronger activation to the Target-after-Sad relative to the Target-after-Neutral stimuli in controls is consistent with the rostral ACC's putative role in mediating conflict between prepotent distractors and task-relevant stimulus processing. The reduced activation to Target-after-Sad stimuli in MDD patients suggests possible attenuated function of the ACC in conflict control or monitoring. Similar to the left ACC, the left insula also showed stronger activation to the Target-after-Sad events relative to the Target-after-Neutral events in controls, but the pattern was reversed in MDD patients.

In contrast to the rostral ACC and insula, the right IFG (BA44) revealed stronger activation in controls for the Target-after-Neutral events relative to the Target-after-Sad events (Fig. 5). Relative to controls, the MDD group had significantly attenuated activation for the Target-after-Neutral vs. Target-after-Sad contrast, $t_{(37)}=2.23$, $P=0.034$. The MDD group had relatively stronger activation to Target-after-Sad relative to Target-after-Neutral. Similar to the right IFG, bilateral MFG revealed significantly stronger activation in MDD patients for the Target-after-Sad events relative to the Target-after-Neutral events. Consistent with Elliott et al. (2002), we found that controls had the opposite Pattern—relatively stronger activation in this region to the Target-after-Neutral

events (Fig. 5). Post hoc t tests showed that the interaction effect in the right MFG was driven by the increased activation to the Target-after-Sad events in the MDD group relative to controls ($t_{(37)}=2.30$, $P=0.027$).

To identify brain regions which were directly associated with slower RT to Target-after-Sad relative to Target-after-Neutral events in MDD, linear regression analyses were conducted within the MDD group to correlate the RT of Target-after-Sad vs. Target-after-Neutral with the activations to Target-after-Sad vs. Target-after-Neutral events in these frontal regions. Among the four regions which showed a significant interaction effect, only the activation of the right IFG in MDD revealed a significant correlation with the RT difference (left ACC, $r_{(37)}=-0.38$, $P=0.11$, left insula, $r_{(37)}=-0.23$, $P=0.35$, right IFG, $r_{(37)}=-0.60$, $P=0.007$, left MFG, $r_{(37)}=-0.10$, $P=0.69$, and right MFG $r_{(37)}=-0.10$, $P=0.68$). As shown in Fig. 6, MDD patients who had stronger activation to the Target-after-Sad vs. Target-after-Neutral contrast in the right IFG showed faster RT when comparing Target-after-Sad vs. Target-after-Neutral events. Thus, the relatively high activation to Target-after-Sad vs. Target-after-Neutral events in these MDD patients might reflect an effortful inhibition processing as a compensatory effect due to the dysfunction of the ACC. Of note stronger activation of control subjects in the right IFG in response to targets (collapsed across the Target-after-Sad and Target-after-Neutral subtypes), but not to the subtypes of targets, was correlated with faster RT in target detection (r_{RT} , target = -0.65 , $P=0.002$). Given that the control group had a reverse pattern from the MDD patients, with stronger activation to Target-after-Neutral vs. Target-after-Sad events, the role of the right IFG may differ between the two groups. Nevertheless, both enhanced activation to targets in controls and enhanced activation to Target-after-Sad vs. Target-after-Neutral events were directly correlated with the behavioral outcome, the speed of target detection, indicating a role of this region in successful reallocation of attention from task-irrelevant stimuli to targets. Overall, the MDD subjects as a group had decreased activation in this region and slower RT. Combined, these data implicate altered function of the right IFG in MDD in executive control over emotional distraction and reallocation of attention on task-relevant stimuli.

4. Discussion

There are three major findings in our current study: 1) relative to controls, MDD patients had slower performance concurrent with hypoactivity of the executive system during target detection, including bilateral MFG, IFG, supramarginal gyrus, insula, and basal ganglia; 2) relative

to controls, depressed patients showed increased *deactivation* in the executive system while processing emotional distractors; and 3) relative to controls, the MDD group revealed slower reaction time and a reverse activation pattern from controls in prefrontal regions in response to targets following sad distraction vs. targets following neutral distractors.

Executive dysfunction is one of the major cognitive deficits in MDD. The slow RT to targets, together with decreased activation to attentional targets and increased deactivation to sad relative to neutral distractors in the dorsal executive regions (including MFG, supramarginal gyrus and precuneus) suggests a profound executive dysfunction in our MDD group. This result is consistent with previously reported hypometabolism of the dorsolateral PFC in PET (Dolan et al., 1993; Mayberg et al., 1994; Drevets, 1999) and some fMRI studies in MDD (Elliott et al., 1997; Davidson et al., 2003; Siegle et al., 2006).

Importantly, both behavioral response and fMRI signal intensity change in our study showed direct evidence of how emotional distraction impacts on executive function. Our current study extends existing findings showing that recently presented emotional stimuli can interfere with on-going task processing. For instance, Johnson et al. (2005) have extensively studied the effect of cognitively “refreshing” a just-activated representation (2 or 4 s before) and have shown that emotional stimuli can disrupt refreshing representations and impair feature binding (Mather et al., 2006). Siegel and colleagues (Lyubomirsky et al., 1998; Wenzlaff and Bates, 1998; Ellenbogen et al., 2002; Siegle et al., 2002) showed a lasting effect of emotional processing on amygdala activation in MDD up to 25 s after stimulus presentation. The current study shows that prolonged processing of sad stimuli in MDD can adversely impact attentional processing for 18 s or longer.

A novel finding of the current study was the distinct roles of the left ACC and the insula, the right IFG, and the MFG bilaterally in inhibiting emotional distraction and the alteration in activation of these regions in MDD. In healthy controls, the left ACC and the left insula revealed different activation patterns from the MFG and the right IFG. The left ACC and the insula showed increased activation to the Target-after-Sad relative to Target-after-Neutral stimuli, consistent with the literature suggesting that the ACC is associated with conflict control and monitoring (Elliott et al., 2002; Shafritz et al., 2006). In our study, competition for executive resources might have occurred due to residual processing of the prepotent emotional distractors and the subsequent reallocation of attentional resources required to perform the target detection task. The insula is closely connected to the PFC and the ACC, and it forms

part of a frontal–striatal attentional network (Schmitz et al., 2006). The hyperactivation in the left ACC along with the insula to the Target-after-Sad stimuli in controls supports a role of conflict control or conflict monitoring in the task. The decreased ACC activity to Target-after-Sad stimuli in the MDD group is consistent with the literature suggesting a dysfunction of the left ACC in emotional regulation in MDD (Elliott et al., 2002; Shafritz et al., 2006).

The ACC system has been implicated in relatively faster and urgent inhibition, whereas the frontal–parietal system is involved in more deliberate and controlled inhibition (Garavan et al., 2002). Our results in the healthy controls support the segregation of these prefrontal regions in executive control by showing regional specificity in activation patterns to targets following sad distraction across the left ACC/insula and the right IFG/bilateral MFG. Different from the role of effortful control over conflicts in the ACC, Dolcos and McCarthy (Dolcos and McCarthy, 2006) revealed a role of the IFG as an index of successful inhibition of emotional distraction. Stronger activation to Target-after-Neutral vs. Target-after-Sad stimuli found in our current study supports this role of the IFG in healthy controls. Our results also extended the findings of Dolcos and McCarthy (2006) to a depressed population and found altered function in inhibition of emotional distraction in MDD (as reflected by decreased activation to the Target-after-Neutral vs. Target-after-Sad contrast).

Similarly, the MDD group had significantly stronger activation to the Target-after-Sad stimuli in bilateral MFG, particularly in the right MFG. This result could be due to the failure of conflict control in the left ACC, which releases the representation of the previous sad image from prolonged processing. Based on the model proposed by Cohen et al. (2000), multiple representations of stimuli would increase the activity in dorsolateral PFC. Alternatively, the increased activation to the Target-after-Sad stimuli in MDD might be a compensatory effect for the insufficient conflict control and inhibition in the left ACC and right IFG (Harvey et al., 2005; Wagner et al., 2006). Nevertheless, the increased activation in the MDD group is limited to the targets following sad stimuli. Decreased activation was observed in response to targets *overall* collapsing the target subtypes in bilateral MFG, indicating the task importance in influencing fMRI results in MDD. Two recent studies in medication-free MDD patients revealed increased prefrontal activation during effortful cognitive tasks compared to the controls (Matsuo et al., 2006; Wagner et al., 2006). Although antidepressant medication use may influence the fMRI findings in MDD (Mayberg et al., 2000; Davidson et al., 2003; Fu et al.,

2004), task differences may also greatly contribute to the discrepancy in findings across studies as evident by our current study (discrepancy of activation in the MFG to overall targets and target subtypes). A future study with pure unmedicated subjects or subgroups with medication responders vs. non-responders would explicate which clinical profiles are more closely associated with alteration in the cognitive control over emotional distraction in MDD.

Unlike some studies that found increased or prolonged activation in the amygdala to emotional stimuli (Sheline et al., 2001; Siegle et al., 2002, 2006; Fu et al., 2004; Canli et al., 2005), we did not find a significant change in amygdala activation in our MDD patients relative to controls. However, we found an increase in activation to sad vs. neutral distractors in the cortex surrounding the amygdala (i.e., in the uncus), IFG (BA47) and hypothalamus at a reduced threshold, suggesting a hyperactivated emotional system in MDD. Nevertheless, the most significant finding in response to emotional distraction was the increased *deactivation* in the dorsal executive system, not hyperactivity in the emotional system, suggesting that, in some MDD samples, dorsal executive dysfunction may be a stronger feature of neurobiological impairment compared with ventral emotional dysfunction. The less significant hyperactivity in the emotional system in current study was partially associated with antidepressant medication use in 11 of the 19 MDD subjects as revealed by the difference in the activation of the amygdala between the medicated and the nonmedicated group. Thus, the significant findings in the executive system might indicate a slower recovery of the executive control system than the emotional processing system following antidepressant treatment.

The present results contrast with the effects of transient sad mood in healthy individuals using the same task (Wang et al., 2006). In our prior study in healthy subjects, transient sad mood induction evoked stronger activation in the amygdala and ventromedial PFC than happy mood in response to sad distractors without affecting executive function (Wang et al., 2006). Thus, across studies using an identical paradigm, we have identified neurobiological markers that distinguish healthy transient mood effects from pathological depressive mood on executive function. Several studies (Keedwell et al., 2005; Surguladze et al., 2005; Fu et al., 2007) have reported different patterns of neural response to sad and happy facial expressions in MDD. Given the features of negative attentional bias and anhedonia (lack of pleasure) of MDD, a happy stimulus might be predicted to produce a less distracting effect on the detection of attentional targets in the MDD group relative to controls. Patients with MDD could be an

important model for understanding the differential impact of emotional valence on executive function.

In summary, consistent with the model by Mayberg (1997), we found profoundly decreased activity in the executive system during target detection and mildly increased activation during emotional distraction. Importantly, we found altered activation in PFC and ACC brain regions associated with executive control over emotional distraction in MDD. This study has potentially important implications for understanding PFC function in affective and mood disorders. Further studies of the effect of overt top-down control over emotional distraction are warranted to help understand the effects of treatment interventions in MDD on brain regions that interface executive and emotional processing.

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