Case Study

- 63-year-old woman with a blood alcohol level in the 190s fell and smashed her eyeglasses into her face.

- Three months later she developed fullness under her right eyelid.

- Incision and drainage led to no improvement so she underwent attempted excisional biopsy.
3 months later - fullness under eyelid not getting better
Circumscribed area, different from the ones we've seen...
Different process localized here - pus (surrounded by the granuloma)

Multinucleated cell

Surrounding rim
Type of Inflammatory Response?

A) Acute
B) Chronic
C) Granulomatous
D) Suppurative granulomatous

Not all processes are pure. In this case it's purulent inflammation surrounded by granulomatous inflammation.
Granulomatous Inflammation

- Presence of necrosis is a major clue to infection, most commonly tuberculosis or histoplasmosis in our patient population.
- Acute inflammation in the center of a granuloma (suppurative granulomatous inflammation) may be a feature in other diseases.
*Paecilomyces lilacinus* (methenamine silver)

Fungus was the cause in this case
Case Study

- 66-year-old woman with a history of unilateral right upper eyelid swelling for more than 1.5 years
- Submitted for a second opinion; outside diagnosis was sarcoidosis but extensive systemic evaluation normal
Several foci of inflammation in the dermis
The key is not only to look at the type of inflammation, but also WHERE it occurs. This is a vascular process.
Circumscribed granuloma with epithelioid cells
Type of Inflammatory Response?

A) Acute
B) Chronic
C) Granulomatous
Immunostaining for lymphatics (D2-40)

Shown here to the left is a lymphatic with a circumscribed granuloma inside. To the right is a lymphatic with a granuloma inside and one adjacent to it.
Orofacial Granulomatosis

- Non-tender swelling and edema of the lips and/or face
- Melkersson-Rosenthal syndrome has the additional findings of facial nerve palsy and fissured tongue; present in 18-25% of people with orofacial granulomatosi
- Non-necrotizing granulomas adjacent to or within lymphatics

The key is to look also at WHERE the inflammation is.

No treatment for this.
Case Study

- 19-week-gestation male delivered stillborn to an 18-year-old primigravida woman
- No abnormalities detected on ultrasound
- Laboratory tests including alpha-fetoprotein screen and serologies were negative
- Mother's medical history is significant for asthma and cigarette smoking
Fetal lung has abnormal motteling on the cut surface. Normally a fetal lung will look necrotic depending on how long the baby has been stillborn. Or it will look homogeneous. This motteling is abnormal.
Lung surface

Immature Lung
Lung

Observe the primitive alveolar sacs
Alveolar sacs filled with inflammatory cells. With viral change (red dots)
Inflammatory Cell Type?

A) Lymphocyte
B) Eosinophil
C) Plasma cell
D) Macrophage
E) Neutrophil
Type of Inflammatory Response?

A) Acute
B) Chronic
C) Granulomatous
Lung – CD45 Immunostain

Proves the cells are lymphocytes
Lung – Herpes simplex virus Immunostain

Demonstrated the presence of the HSV antigen in the cells
Adrenal gland

Cells have a smudged red appearance because of viral inclusions bodies within the nuclei.
Liver: Multinucleated cell with viral inclusions - HSV can cause this with infection. The difference is you can see viral inclusions so this is NOT GRANULOMATOUS inflammation.
Herpes simplex virus

- Skin and mucous membrane infections common
  - Fever blisters/cold sores (HSV-1)
  - Gingivostomatitis (HSV-1)
  - Genital herpes (HSV-2)
- Corneal infection (herpetic keratitis)
- Herpes encephalitis
- Disseminated and visceral infection
  - Immunodeficient/immunosuppressed individuals
  - Herpes esophagitis
  - Herpes pneumonia and tracheobronchitis
  - Disseminated infection
Implications

- Mother will be given prophylactic antiviral medication during her next pregnancy
- Demonstrates the value of autopsy, even in cases in which the yield of “positive” results is low
- Demonstrates the importance of recognizing inflammatory patterns and knowing how to further characterize them

You have to recognize the viral inclusion to make the diagnosis of HSV!
Legal Case Study - 1

- 44-year-old man
- Driving from Virginia to Florida when he developed epigastric-chest pain; had to lay down in backseat of car
- ER: Given pain relievers since for “heartburn”
- Returned home later that evening
- Unwitnessed death in bathroom the next morning
Legal Issues

- Was the patient having a heart attack when seen in the emergency room approximately 20 hours prior to death?
- Did the ER treatment meet the “standard of care”? [NO!]

Low power of his heart muscle
Area of infarct - dark pink
Lots of neutrophils and dying fibers
You still have nuclei in some of the cells so it's a reasonably early necrosis.
### Dating the Age of Myocardial Infarcts

<table>
<thead>
<tr>
<th>Age</th>
<th>Necrotic Muscle</th>
<th>Neutrophils PMNs</th>
<th>Lymphs</th>
<th>Pigmented Macrophages</th>
<th>Collagen</th>
<th>Vasc. Prolif.</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-12 hr</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>1 day</td>
<td>++</td>
<td>+</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2 days</td>
<td>++++</td>
<td>++</td>
<td>+1</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>3 days</td>
<td>++++</td>
<td>+++</td>
<td>+1</td>
<td>0 to +</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>4 days</td>
<td>++++</td>
<td>++++</td>
<td>+1</td>
<td>0 to +</td>
<td>0</td>
<td>0 to +</td>
</tr>
<tr>
<td>5 days</td>
<td>++++</td>
<td>++++</td>
<td>+1</td>
<td>0 to +</td>
<td>0 to +</td>
<td>+</td>
</tr>
<tr>
<td>6 days</td>
<td>++++</td>
<td>+++</td>
<td>+2</td>
<td>+</td>
<td>0 to +</td>
<td>++</td>
</tr>
<tr>
<td>7 days</td>
<td>+++(+)</td>
<td>++</td>
<td>+2</td>
<td>+ to ++</td>
<td>0 to +</td>
<td>++(+)</td>
</tr>
<tr>
<td>2 weeks</td>
<td>++</td>
<td>+</td>
<td>+3</td>
<td>+++</td>
<td>+</td>
<td>+++</td>
</tr>
<tr>
<td>4 weeks</td>
<td>+</td>
<td>+</td>
<td>+2</td>
<td>++++</td>
<td>++</td>
<td>++++</td>
</tr>
<tr>
<td>2 months</td>
<td>+</td>
<td>0</td>
<td>+1</td>
<td>+++</td>
<td>+++</td>
<td>++++</td>
</tr>
<tr>
<td>&gt;2 months</td>
<td>+ to 0</td>
<td>0</td>
<td>+1 to 0</td>
<td>+++ to +</td>
<td>+++</td>
<td>+++(+)</td>
</tr>
</tbody>
</table>

MI has very stereotypical process. Use this chart to date the MI, reasonably accurate up to about 7 days.
Age of the Myocardial Infarct?

A) <12 hours

B) ≈ 1 day
He was having an MI when he presented. If it had been less than 12 hours, you wouldn't have had that much inflammation.

C) One week
you would have vascular proliferation - not seen in the histology

D) One month
Verdict

- Case settled in favor of plaintiff
  - Patient was having myocardial infarct when he presented to emergency room
  - ER doctors did not meet standard of care
    - No electrocardiogram performed
    - No cardiac enzymes monitored
Legal Case Study - 2

- January 26, 2002: Emergency Room
  - 28 yo Female
  - Sudden onset of right flank pain about 1-1½ hours before arrival
  - No fever or chills, dysuria, hematuria
    - Temperature = 98.1°F
  - Radiology: Right kidney stone with moderate to severe obstruction
  - Urinalysis: NORMAL
    - pH = 5.0
    - Blood: Negative
    - Nitrite: Negative
    - Leukocyte esterase: Negative
Legal Case Study - 2

- **January 28, 2002, 2:07 p.m.:**
  - Emergency Medical Services
    - Patient on floor, hot to touch, cyanotic with shallow rapid respiration
    - Husband stated “…she was febrile last night”
- **January 28, 2002:**
  - Emergency Room
    - Septic shock: Temperature 105°F (40.6°C), blood pressure 40s/20s, heart rate 133 (5:30 p.m.)
Legal Case Study - 2

● January 28, 2002: Hospital
  » Urinalysis
    – pH = 6.5
    – Blood: Positive
      ● 2-5 RBC
    – Nitrite: Negative
    – Leukocyte esterase: Positive
      ● 25-50 WBC
  » Cultures of urine and blood positive for \textit{Proteus mirabilis}
  » Dead at 10 p.m. from “overwhelming sepsis with septic shock”
● Urinalysis 01/26/2002
  » pH = 5.0
  » Blood: Negative
  » Nitrite: Negative
  » Leukocyte esterase: Negative

● Urinalysis 01/28/2002
  » pH = 6.5
  » Blood: Positive
      – 2-5 RBC
  » Nitrite: Negative
  » Leukocyte esterase: Positive
      – 25-50 WBC

When she was in the ER earlier, she had a normal urinalysis. 2 days later her urine ph increased - typical of PROTEUS. She is also pyuric.
Legal Issues

- Cause of death?
  - Source of septic shock
    - Urinary bladder
    - Kidney infection (pyelonephritis)

- Did the patient have a kidney infection at the time of her emergency room visit on January 26, 2002?
Her kidney. Inflammation all around
Tubules loaded with inflammatory cells - WHAT TYPE?
All neutrophils (many of them are breaking down)! Use this information to date the inflammation.
Neutrophils predominate BEFORE day 2. So she did not have pyelonephritis when she presented. She had a stone, then developed pyelo.
Age of the Pyelonephritis?

A) \( \approx 1 \text{ day} \)
B) 2 days
C) One week
My Conclusions

- The patient’s death was the result of sepsis from acute pyelonephritis
- The pyelonephritis developed about one day prior to death, i.e., after her visit to the emergency room
  - Development of fever the night before her death
  - Normal urinalysis in ER
  - Histology of kidney infection
Verdict

- Jury awarded $2.88 million to husband
  - Defendant doctor testified that he had changed his clinical practice after the patient’s death
    - **De facto admission** that he had rendered an incorrect clinical diagnosis

Q/A - Sarcoidosis is a diagnosis of exclusion. Hylar enlarged nodes in the chest --> send pt to ophthalmologist because sarcoids usually occur in conjunctiva, easier to biopsy than chest. Pattern of granuloma, stain for microorganisms - presumptive diagnosis of sarcoidosis.
Triangle Christian Medical Fellowship

- Local branch of the Christian Medical and Dental Association
- Non-denominational
- Monthly meetings on Saturday at 6 pm, Mt. Moriah Baptist Church, Erwin Road (http://maps.google.com/maps?hl=en&q=Mt. %20Moriah%20Baptst%20Church)
- Next meeting – February 19, 2011: Dr. Alan Carlson, Duke Ophthalmology
- More information: http://www.trianglecmf.org/